

ECST-2 is an international randomised trial investigating the optimal treatment of patients with symptomatic or asymptomatic moderate or severe carotid stenosis at low or intermediate risk of future stroke. The trial compares the risks and benefits of treatment by modern optimised medical management alone versus the addition of immediate carotid surgery (or stenting) to optimised medical management.

### INVESTIGATORS' MEETING

- There were 40 attendees from 17 Centres at the Investigators' meeting on Friday 24 January 2014 at the Royal College of Physicians, as well as representatives from ACST-2.
- A brief summary of the meeting will appear on the trial website shortly.



- **New centres** are welcome – we are still actively seeking new centres for ECST-2 - any queries about enrolment should be directed [office@ecst2.com](mailto:office@ecst2.com).
- **Enrollment** - We expect to enroll a further 10 centres in very near future including sites in France, the Netherlands and Switzerland
- **Website** – Please visit our website for your interest and more information [www.ecst-2.com](http://www.ecst-2.com).
- **Funding** - We have recently received support from the Stroke Association and will contact centres about the change to financial arrangements.

### RECRUITMENT UPDATE

- We have now enrolled 7 Centres to the trial and randomized 38 patients.
- **Congratulations to Leeds General Infirmary who have randomized their 1<sup>st</sup> two patients.**
  1. **UCLH:**
  2. **Sheffield Teaching Hospitals**
  3. **Cumberland Infirmary**
  4. **Nottingham University Hospitals**
  5. **Universitäts Klinikum Magdeburg, Germany.**
  6. **Leeds Teaching Hospitals**
  7. **Calderdale & Huddersfield NHS Trust**
- We continue to work through site set up and aim to have 30 sites open by the end of 2014.

### ECST-2 CENTRAL OFFICE TEAM

- **Chief Investigator:** Prof Martin M Brown
- **Clinical Research Fellow:** Dr Fiona Kennedy
- **Trial Manager:** Dr Roland L Featherstone
- **Trial Administrator:** Ms Esther Davies

### Contact Details

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