

Welcome to the July 2015 NEWSLETTER



ECST-2 is an international randomised trial investigating the optimal treatment of patients with symptomatic or asymptomatic moderate or severe carotid stenosis at low or intermediate risk of future stroke. The trial compares the risks and benefits of treatment by modern optimized medical management alone versus the addition of immediate carotid surgery (or stenting) to optimised medical management.

A very special welcome to our recently joined centres:

- St George's Healthcare NHS Trust
- Manchester Royal Infirmary
- NHS Ayrshire and Arran

We are looking forward to working with you in the future!

RECRUITMENT UPDATE

We have now enrolled - 16 centres
Randomisations up to date – 87

Top Randomising Centres:

1. UCLH - 60
2. Nottingham University Hospital - 5
3. Calderdale & Huddersfield NHS - 4
4. Leeds General Infirmary/Royal Devon and Exeter/Albert Schweitzer Hospital Dordrecht – 3

We are still actively seeking new centres for ECST-2 - any queries about enrolment should be directed to office@ecst2.com.

RECRUITMENT TIPS

- Use the CAR Score App to screen all your patients with carotid stenosis
- At your centre share the information about the trial amongst your colleagues
- Encourage nurses, doctors and others to contribute to the trial by looking out for patients who fit ECST-2 criteria
- Explain the trial to the patient so they are aware of all the options and try to answer all their questions, discuss the outcomes of the trial and the importance and benefit of this study for the future generation

ECST-2 App definitions:

Major stroke – Non-disabling stroke with residual signs present or expected to last more than 7 days

Minor stroke – Stroke with signs and symptoms expected to last between 24 hours and 7 days

You can find all the definitions used in the App by clicking on the Info button on the top

Contact Details

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