

Welcome to the May NEWSLETTER



ECST-2 is an international randomised trial investigating the optimal treatment of patients with symptomatic or asymptomatic moderate or severe carotid stenosis at low or intermediate risk of future stroke. The trial compares the risks and benefits of treatment by modern optimized medical management alone versus the addition of immediate carotid surgery (or stenting) to optimised medical management.

RECRUITMENT UPDATE

We have now enrolled 13 centres in the trial

Randomisations to date:

81

Top Randomising Centres:

1. UCLH - 59
2. Nottingham University Hospital - 5
3. Calderdale & Huddersfield NHS
4. Leeds General Infirmary – 3

We are still actively seeking new centres for ECST-2 - any queries about enrolment should be directed to office@ecst2.com.

The CAR Score App is now available

in the iTunes app store the link is:
<https://itunes.apple.com/gb/app/ecst-2-car-score/id986827121?mt=8>

and on google play for android users:
<https://play.google.com/store/apps/details?id=com.sealedenvelope.carscore>

or view it on the web at :
<http://s489637516.websitehome.co.uk/ECST2/CAR/index.html>

or simply follow the links from www.ECST2.com

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A very special welcome to our recently joined centres:

Royal Devon and Exeter Hospital

Albert Schweitzer Hospital Dordrecht

University Hospitals Coventry and Warwickshire.

We are looking forward to working with you in the future!

Important

We ask that existing centres actively randomise as many patients as possible. We need to be recruiting at least 10 patients per month! Please screen all your carotid patients for the trial and randomise as many as you can.

Please aim to randomise at least 1 patient per month.



We have presented the trial in collaboration with ACST-2 at the **1st European Stroke Organisation Conference** in Glasgow in April 17-19 and **Charing Cross International Symposium** in London 28 April – 1 May.

