

Welcome to the October NEWSLETTER

THE 2nd EUROPEAN
ECST-2
CAROTID SURGERY TRIAL



ECST-2 is an international randomised trial investigating the optimal treatment of patients with symptomatic or asymptomatic moderate or severe carotid stenosis at low or intermediate risk of future stroke. The trial compares the risks and benefits of treatment by modern optimised medical management alone versus the addition of immediate carotid surgery (or stenting) to optimised medical management.

RECRUITMENT UPDATE

- We have now enrolled **10** centres to the trial and randomized **60** patients.

Randomizations by centre:

- UCLH - 49**
- Calderdale & Huddersfield NHS Foundation Trust – 4**
- Nottingham University Hospital - 3**
- Sheffield Teaching Hospitals – 2**
- Leeds General Infirmary - 2**

ECST-2 CENTRAL OFFICE TEAM

- Chief Investigator:** Prof Martin M Brown
- Trial Manager:** Dr Roland L Featherstone
- Assistant Trial Manager:** Ms Ekaterina Allsop

Please find contact details for the team at the end of newsletter. If you require any information for the trial please do not hesitate to contact the team.

We are always happy to help!

OTHER NEWS AND UPDATES

- The long-term results of ICSS have just been published in the Lancet on-line in October. You can download a free pdf version from the following link:
[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(14\)61184-3/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(14)61184-3/abstract).
- Thank you to all the investigators involved in ICSS!**
- A very special welcome to our 10th centre – **East Kent Hospitals University NHS Foundation Trust**. We are looking forward to working with you in the future!
 - We are still actively seeking new centres for ECST-2 - any queries about enrolment should be directed to office@ecst2.com. We ask that existing centres actively randomize as many patients as possible.

INVITATIONS TO UPCOMING EVENTS

- If you are coming to the **UK Stroke Forum** in Harrogate, come and see us at our stand G46, December 2-4th.
- If you are in Harrogate on Wednesday 3rd December come to the **ECST-2/ACST-2 update** at 15.40-16.20 in the King's Suite.
- Keep the date for the next **Investigators Meeting** – Friday, February 6th 2015! Venue in London to be confirmed. If you would like to attend, contact office@ecst.com
- Website – Please visit our website for your interest and more information
www.ecst-2.com

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