



WELCOME TO THE FIRST ECST-2 NEWSLETTER

ECST-2 is an international randomised trial investigating the optimal treatment of patients with symptomatic or asymptomatic moderate or severe carotid stenosis at low or intermediate risk of future stroke. The trial compares the risks and benefits of treatment by modern optimised medical management alone versus the addition of immediate carotid surgery (or stenting) to optimised medical management.

ECST-2 CENTRAL OFFICE TEAM

- **Chief Investigator:** Prof Martin M Brown
- **Clinical Research Fellow:** Dr Fiona Kennedy
- **Trial Manager:** Dr Roland L Featherstone
- **Trial Co-ordinator:** Mrs Avani Shukla
- Please find contact details for the team at the end of newsletter. If you require any information for the trial please do not hesitate to contact the team

OVERALL NEWS

- Welcome to the inaugural newsletter from the ECST-2 trial. We plan to circulate newsletters monthly to keep you updated with the progress of the trial. ECST-2 has been running at UCLH since March 2012.
- UCLH has now recruited 27 patients in total.
- The ECST-2 electronic CRFs for data collection are now up and available via the website, so we are actively recruiting new centres.

RECRUITMENT UPDATE

- We have now enrolled 4 centres to the trial:
 1. **UCLH:** 27 Patients
 2. **Sheffield Teaching Hospitals**
 3. **Cumberland Infirmary**
 4. **Nottingham University Hospitals**
- We continue to work through site set up and plan to have 10 more sites open by the end of 2013.

IMPORTANT UPDATES

- **New centres** are welcome – Roland Featherstone will be contacting centres that have expressed interest and any queries for enrolment should be directed to him.
- **Enrollment** - We expect to enroll a further 10 centres in very near future including sites in the Netherlands and Switzerland.
- **Investigator's meeting** - We will be announcing the date of next investigators meeting soon
- **Website** – Please visit our website for your interest and more information www.ecst-2.com

Contact Details

Tel: +44 (0)20 34483870
Fax: +44 (0)20 78379632

Website: www.ecst2.com
Email: office@ecst2.com

Team Email Addresses:

Dr Fiona Kennedy: fiona.kennedy@ucl.ac.uk
Dr Roland Featherstone: r.featherstone@ucl.ac.uk
Mrs Avani Shukla: avani.shukla@ucl.ac.uk