

## Welcome to the May 2019 Newsletter!

### **Dear ECST-2 Investigators**

As we have already announced in the email of 14 April, we have made changes in the management of ECST-2: Chief Investigator **Martin Brown** will be assisted by **Leo Bonati**, Basel, and **Paul Nederkoorn**, Amsterdam, who will act as Co-Chief Investigators.

From now on, the sites are supported by **two Trial Managing Offices**, **one in Basel and one in Amsterdam**, who will be responsible for the day-to-day conduct of the trial and the communication with the sites. **Marina Maurer** (<u>marina.maurer@usb.ch</u>) at the Basel office and **Laurine van der Steen** (<u>l.e.vandersteen@amc.uva.nl</u>) at the Amsterdam office joined the team as additional Trial Managers who will be the primary contact persons for the sites (see below).

**Ekaterina Biggs**, Trial Manager, is now working part-time for the trial. She will remain responsible at the trial office at the UCL Institute of Neurology, Queen Square for handling all the paperwork (e.g. MoCa forms), receiving CDs of imaging and handling outcome adjudications. These should therefore continue to be sent to Ekaterina at UCL (e.allsop@ucl.ac.uk).

#### **Important notes:**

- Currently we have <u>401 patients randomized</u>! Congratulations to Gert Jan de Borst and his team at UMC Utrecht, for having randomized patient #400
- Please note that recruitment in the trial is ongoing, as we have not reached the target number of patients with carotid <u>plaque MRI</u> at baseline yet.
- Please remember to perform the <u>brain MRI at baseline and 2 years</u> follow-up, in order for us to assess the primary outcome measure for the pilot phase and the plaque imaging substudy.
- If you have any queries, please address them directly to your responsible Trial Manager, or use the query system within Sealed Envelope and we will get back to you.

## Please save the date:

# Investigators Meeting 13<sup>th</sup> September in Basel, Switzerland

### Sites managed from Amsterdam: please contact Laurine vd Steen

### (I.e.vandersteen@amc.uva.nl)

- Albert Schweitzer Hospital Dordrecht
- AMC/Flevo
- Ashford and St Peter's Hospitals NHS Foundation Trust
- Bradford Teaching Hospitals NHS Trust
- Calderdale & Huddersfield NHS Foundation Trust
- Erasmus University Medical Centre, Rotterdam
- Frimley Park Hospital
- Maastricht University Medical Centre
- NHS Ayrshire and Arran
- Pennine Acute Hospitals NHS Trust
- Radbound University Nijmegen Medical Centre
- Royal Devon and Exeter Hospital
- University Hospital South Manchester
- University Medical Center Utrecht
- Verona University Hospital

### Sites managed from Basel: please contact Marina Maurer (marina.maurer@usb.ch)

- Dalhousie University, Halifax
- East Kent Hospitals University NHS Foundation Trust
- Hospices Civiles de Lyon
- Leeds General Infirmary
- Manchester Royal Infirmary
- Nottingham University Hospitals
- NSI-Lugano
- Sheffield Teaching Hospitals
- St George's Healthcare NHS Trust
- Stroke Centre, University Hospital Basel
- UCLH
- Universitätsklinikum Magdeburg, Otto-von-Guericke-Universität
- University Hospital North Durham
- University of Leipzig

### With many thanks for your ongoing commitment and support for ECST-2!



Martin Brown Chief Investigator



Leo Bonati Co-Chief Investigator



Paul Nederkoorn Co-Chief Investigator



Philippe Lyrer Event Adjudicator



Marina Maurer Trial Manager Basel



Laurine vd Steen Trial Manager Amsterdam